Therapeutic Eurythmy

A Healing Movement For All Ages

Eurythmy works beyond the physical body into the life forces that surround it. These life forces help a person feel robust and full of well-being. Eurythmy can be of benefit to all age groups and works with a broad range of illnesses, soul conditions and behavioural and learning difficulties.

In these challenging times it can be particularly effective in dealing with anxiety, depression and strengthening of the immune system.

Marilyn Myres has been practising eurythmy for nearly 30 years. Marilyn is available for one on one therapeutic eurythmy from her studio near Byron Bay. Marilyn also works in larger groups with hygienic and artistic eurythmy. Along with her support role with *Inner Work Path* courses and retreats, Marilyn is a director of *Developing the Self–Developing the World*, *EduCareDo*, and *The Y.Project.* Marilyn is open for requests from communities around Australia.

For more information or to book sessions:
mjm55@mail.com (not gmail)
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For those of you not able to come to the studio, Marilyn has developed a healthy way of working remotely.

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